

Post procedure instructions: Flexible laryngoscopy with KTP laser excision and/or bronchoscopy and/or injection

You will be numb in your throat and voice box for approximately 2 hours. **DO NOT EAT OR DRINK ANYTHING EVEN WATER** for at least 2 hours, as this can cause aspiration (coughing and choking) since you are not able to sense your throat and food or drink can go down your lung and potentially cause pneumonia. If you are unsure if it is safe for you to drink or eat yet, try a small sip of water slowly and if you do not have any choking or coughing, increase your diet as tolerated.

It is not unusual to have some small bruising and soreness along your neck if you have received an injection at your neck. You may use a cold compress if needed or take over the counter Tylenol (acetaminophen) or Advil (ibuprofen), but generally this resolves in a few days. Patients who have had biopsies or excisions may cough up a small bit of blood for a few days. This is normal and should decrease with time. You should have a follow up appointment after your procedure. If not, please call our office.

Please call our office if you have any difficulty breathing or if you continue to cough up blood for more than 3 days. If you experience difficulty breathing at rest, go to St. David's North Austin Medical Center ER or the nearest ER if possible.