

Incisional Care Instructions

You may have absorbable sutures that do not need to be removed. Your doctor will let you know. If you do not have absorbable sutures, you will need to return to the clinic in about 1 week for removal and wound check as well as go over any pathology if needed. It is important that you follow instructions to get a great result after your procedure!

For the first 3 days, clean your incision with peroxide on a qtip, roll the qtip over the incision gently. You may see some bubbling and experience some stinging, which is expected. Place antibiotic ointment (Neosporin, Polysporin, Bacitracin – all over the counter) afterwards. Do this twice daily. After 3 days, you may allow your incision to get wet and clean your incision with soapy water, but do not scrub at it. No soaking in a tub, steam baths or swimming for at least a week or until cleared by your doctor.

Finish your antibiotics and take your pain medications as needed. No driving while on narcotic pain medications (hydrocodone, Tylenol #3, etc), as these medications can make you sleepy. If you have mild to moderate pain, take extra strength Tylenol (Tylenol) or Advil (ibuprofen) instead.

Call our office if you have any questions or if you develop worsening pain, drainage, bleeding or redness to your incision site.